

Fall/Spring Schedule 2022-2023

Upstairs

Monday

3:15 - 4:15 Pizazz Company
4:15 - 5:00 Prodigy Company
5:00 - 5:45 Professional Company
5:45 - 6:30 Turns/Leaps (Prodigy, Premier, Pro.)
6:30 - 7:30 Power Company
7:30 - 8:30 Professional Company

Tuesday

2:00 - 2:30 Tumbling (2-3 yr.)
3:15 - 4:15 Intermediate Tumbling (Aerial 3)
4:15 - 5:15 Prodigy Company
5:15 - 6:15 DE Tumbling 3
6:15 - 7:00 Hip Hop Excel
7:00 - 8:00 Premier Company

Wednesday

3:30 - 4:30 Petite Company
4:30 - 5:15 Jazz/Ballet (6-8 yr.)
5:15 - 6:00 Pizazz Company
6:00 - 7:00 Beg./Int. Tumbling (Aerial 2)
7:00 - 7:45 Studio Rental

Thursday

2:00 - 2:30 Dance (2-3 yr.)
3:15 - 4:15 D.E. Tumbling 2
4:15 - 5:00 Power/Petite Company
5:00 - 5:45 Premier Company
5:45 - 6:45 Combo Dance & Tumble (2-5 yr.)
6:45 - 7:45 Showbiz (Advanced Tumbling)

Downstairs

3:15 - 4:15 Int./Adv. Ballet
4:15 - 5:00 Tap 1 (6-8 yr.)
5:00 - 5:45 Tap 2 (9-up yr.)
5:45 - 6:30 Hip Hop Extreme
6:30 - 7:30 Professional/Premier Company
3:15 - 4:15 Petite/Pizazz Company
4:15 - 5:15 DE Tumbling 1
5:15 - 6:15 Turns/Leaps/Cond./Flex. (Petite/Pizazz)
6:15 - 7:00 Turns/Leaps (Power)
7:00 - 8:00 Power Company
3:30 - 4:30 Beginning Tumbling (Aerial 1)
4:30 - 5:15 Hip Hop Energy
5:15 - 6:00 Jazz/Ballet (8-12 yr.)
6:00 - 7:00 Combo Dance & Tumble (4-5 yr.)
7:00 - 7:45 Hip Hop Excite (Rec. Hip Hop)

3:15 - 3:45 Tap (2-5 yr.)
3:45 - 4:15 Hip Hop (2-5 yr.)
4:15 - 5:00 Cond./Flex. (Pro./Premier)
5:00 - 5:45 Cond./Flex. (Prodigy/Power)
5:45 - 6:45 Premier/Prodigy Company
6:45 - 7:45 Studio Rental